


**Important Upcoming Dates**

**November 1st**- Daylight Savings Time. Don't forget to turn your clocks back one hour and replace the batteries in your smoke detectors.
**November 5th**- EBT Payments Due
**Week of November 9th-** Fall Conferences
**November 11th- Veteran's Day**
**November 24th-** Thanksgiving Feast at Cornerstone
**November 26th & November 27th- CORNERSTONE CLOSED, Happy Thanksgiving!**
**December 24th & December 25th- CORNERSTONE CLOSED, Happy Holidays!**
**December 31st & January 1st- CORNERSTONE CLOSED, Happy New Year!**

**Cornerstone's Annual Christmas Concert**

Cornerstone's Christmas concert will be held on Wednesday December 16th. Grasshopper, Firefly, Dragonfly, and Ladybug classrooms will be performing. The concert will begin approximately at 11:00am. After the concert, we invite you to join your child for a pizza lunch. If you can join us for lunch, we ask all parents to depart no later than 11:45am. This gives the teachers time to clean up their classrooms and get the kids ready for their nap. As we get closer, please keep an eye out for additional information.

**Fall Conferences-** We will hold our fall conferences during the week of November 9th. While enrolled at Cornerstone, our teachers complete assessments and we use this guide to share where your child is at developmentally. If any assistance may be needed, we can provide resources (ex. Birth to 3). We also use assessments to determine goals for the child to accomplish during their time at Cornerstone.

In addition, Cornerstone partners with Help Me Grow Kenosha. If you haven't completed the online questionnaire, we encourage you to complete the questionnaire to help track your child's development. You will be asked to answer questions about things your child can and cannot do. They include areas in communication, gross motor, fine motor, problem solving, and personal social skills. Please keep an eye out for an email regarding the ASQ screenings which will include a link and QR code to our secure site to complete the questionnaire.

## The Importance of Sleep for Preschoolers

Preschool-aged children need **10–13 hours of sleep per day, including naps**, to support healthy growth and development. Getting enough sleep helps children focus, learn new skills, manage their emotions, and enjoy positive interactions with friends.

**Tips for better sleep:**

- Keep a consistent bedtime and wake-up routine.
- Limit screen time before bed.
- Create a calm, relaxing sleep environment.

A well-rested child is ready to learn, play, and make the most of their day!

## Why Toddlers Hit and Bite and What to Do About It

Toddler hitting and biting can feel upsetting, especially when it happens at school, around siblings, or in public. These behaviors are often a normal part of development while your child is learning impulse control, communication and emotional regulation. Staying calm, setting clear boundaries, and teaching gentle ways to express feelings can all help over time. Most toddlers gradually grow out of hitting and biting as their language and emotional skills develop.

Source: Baby Talk: Resources to Support the People Who Work with Infants and Toddlers. Issue No. 185 October 2026


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## Cornerstone's Annual Thanksgiving Feast

We will be hosting our annual Thanksgiving Feast at Cornerstone on Tuesday, November 24th! All classrooms, with the exception of the Caterpillar Room, will participate in the feast. **No lunch needs to be brought from home on this day.**

We look forward to celebrating and sharing a wonderful feast with the children!

## Friendly Reminders

- Cold weather approaching please make bring coats/hats.
- NO drop off past 10am unless approved prior by management.
- Please make sure all your child's belongings are clearly labeled with their name. We do our best to keep track of everyone's items, but occasionally things get misplaced. Labeling helps us return belongings to the right child.